Preventive Services Covered Under The Affordable Care Act

As part of the Affordable Care Act (ACA), certain preventive care services will be covered at no cost to you. This means that you can see your primary physician and receive certain preventive services and your health plan will pay 100% of the charges. The U.S Preventive Services Task Force, an independent panel of scientific experts is in charge of creating a list of preventive services that should be covered. They do this by ranking preventive services based on strength of scientific evidence and preventive services with a grade of A or B are those that are required to be covered. The following is a list of those services that currently have a grade A or B.

**Preventive Services for Adults**

- **Abdominal Aortic Aneurysm** one-time screening for men of specified ages who have ever smoked
- **Alcohol Misuse** screening and counseling
- **Aspirin** use for men and women of certain ages
- **Blood Pressure** screening for all adults
- **Cholesterol** screening for adults of certain ages or at higher risk
- **Colorectal Cancer** screening for adults over 50
- **Depression** screening for adults
- **Type 2 Diabetes** screening for adults with high blood pressure
- **Diet** counseling for adults at higher risk for chronic disease
- **HIV** screening for all adults at higher risk
- **Immunization** vaccines for adults--doses, recommended ages, and recommended populations vary:
  - Hepatitis A
  - Hepatitis B
  - Herpes Zoster
  - Human Papillomavirus
  - Influenza (Flu Shot)
  - Measles, Mumps, Rubella
  - Meningococcal
  - Pneumococcal
  - Tetanus, Diphtheria, Pertussis
  - Varicella
- **Obesity** screening and counseling for all adults
- **Sexually Transmitted Infection (STI)** prevention counseling for adults at higher risk
- **Syphilis** screening for all adults at higher risk
- **Tobacco Use** screening for all adults and cessation interventions for tobacco users
Preventive Services for Women, Including Pregnant Women

- **Anemia** screening on a routine basis for pregnant women
- **BRCA** counseling about genetic testing for women at higher risk
- **Breast Cancer Mammography** screenings every 1 to 2 years for women over 40
- **Breast Cancer Chemoprevention** counseling for women at higher risk
- **Breastfeeding** comprehensive support and counseling from trained providers, as well as access to breastfeeding supplies, for pregnant and nursing women
- **Cervical Cancer** screening for sexually active women
- **Chlamydia Infection** screening for younger women and other women at higher risk
- **Contraception:** Food and Drug Administration-approved contraceptive methods, sterilization procedures, and patient education and counseling, as prescribed by a health care provider for women with reproductive capacity (not including abortifacient drugs).
- **Domestic and interpersonal violence** screening and counseling for all women
- **Folic Acid** supplements for women who may become pregnant
- **Gestational diabetes** screening for women 24 to 28 weeks pregnant and those at high risk of developing gestational diabetes
- **Gonorrhea** screening for all women at higher risk
- **Hepatitis B** screening for pregnant women at their first prenatal visit
- **Human Immunodeficiency Virus (HIV)** screening and counseling for sexually active women
- **Human Papillomavirus (HPV) DNA Test:** high risk HPV DNA testing every three years for women with normal cytology results who are 30 or older
- **Osteoporosis** screening for women over age 60 depending on risk factors
- **Rhe Incompatibility** screening for all pregnant women and follow-up testing for women at higher risk
- **Sexually Transmitted Infections (STI)** counseling for sexually active women
- **Syphilis** screening for all pregnant women or other women at increased risk
- **Tobacco Use** screening and interventions for all women, and expanded counseling for pregnant tobacco users
- **Well-woman visits** to obtain recommended preventive services

Preventive Services for Children

- **Alcohol and drug** use assessments for adolescents
- **Autism** screening for children at 18 and 24 months
- **Behavioral** assessments for children of all ages
  
  Ages: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.
• **Blood Pressure** screening for children
  Ages: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.

• **Cervical Dysplasia** screening for sexually active females

• **Depression** screening for adolescents

• **Developmental** screening for children under age 3

• **Dyslipidemia** screening for children at higher risk of lipid disorders
  Ages: 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.

• **Fluoride Chemoprevention** supplements for children without fluoride in their water source

• **Gonorrhea** preventive medication for the eyes of all newborns

• **Hearing** screening for all newborns

• **Height, Weight and Body Mass Index** measurements for children
  Ages: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.

• **Hematocrit or Hemoglobin** screening for children

• **Hemoglobinopathies** or sickle cell screening for newborns

• **Hepatitis** screening for adolescents at higher risk

• **Hypothyroidism** screening for newborns

• **Immunization** vaccines for children from birth to age 18 — doses, recommended ages, and recommended populations vary:
  - Diphtheria, Tetanus, Pertussis
  - Haemophilus influenzae type b
  - Hepatitis A
  - Hepatitis B
  - Human Papillomavirus
  - Inactivated Poliovirus
  - Influenza (Flu Shot)
  - Measles, Mumps, Rubella
  - Meningococcal
  - Pneumococcal
  - Rotavirus
  - Varicella

• **Iron** supplements for children ages 6 to 12 months at risk for anemia

• **Lead** screening for children at risk of exposure

• **Medical History** for all children throughout development
  Ages: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.

• **Obesity** screening and counseling
• **Oral Health** risk assessment for young children  
  Ages: 0 to 11 months, 1 to 4 years, 5 to 10 years.

• **Phenylketonuria (PKU)** screening for this genetic disorder in newborns

• **Sexually Transmitted Infection (STI)** prevention counseling and screening for adolescents at higher risk

• **Tuberculin** testing for children at higher risk of tuberculosis  
  Ages: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.

• **Vision** screening for all children

This list can be found at: [https://www.healthcare.gov/what-are-my-preventive-care-benefits/](https://www.healthcare.gov/what-are-my-preventive-care-benefits/)

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Preventive services don’t include services intended to treat an existing illness or injury but are used to prevent future health issues and intervene at an earlier time. Payment of benefits will depend on how the provider submits claims. If claims are not submitted with the appropriate code for preventive services, claims will not be paid at 100%. If you are visiting the physician for multiple reasons, your visit may not be covered at 100%. If you have a question regarding how your claims paid, you can call Regional Care, Inc. Customer Service at (308) 635-2260 or (800) 795-7772.